

**The Meaning and Significance of the Teachings  
of Jungshim Association 正心會 in the Modern World**

*The Return to the Original Mind 元心回歸  
and the Enlightenment of the World 光明世界*



**정심회**

**Jungshim Association**

The Return to the Original Mind 元心回歸 and the Enlightenment of the World 光明世界

content

- I. Introduction
- II. The theology and cosmology of Jungshim Association
- III. The emergence of Jungshim Association
  1. The main objectives of founding Jungshim Association.
- IV. A calling to save humanity
  1. Methods of creating new life.
  2. The Embodiment of Truth and the Fountain of Life.
  3. The missionary work of Jungshim Association.
- V. The cosmology of Jungshim Association and its philosophical implications
- VI. A view on the afterlife and its meaning for self - cultivation
- VII. New humanity of love and harmony for the peace of the world
- VIII. Eternity and its foundation
- IX. Conclusion: Implications of the teachings of Jungshim Association for further study
  1. Introduction.

Today, the issue of health is a subject of great focus throughout the world. The many unexplained diseases, incurable illnesses, and mental and spiritual problems are far too serious to ignore. Furthermore, the broken families and low morality prevalent in all societies add to the challenges facing humanity. These wide ranging issues are a cause question the meaning and role of religion in our times. Jungshim Association identifies the root of these problems coming from the present understanding of the ontological structure of the world, humanity and God. When people do not understand where they are from and where they are going, they lose meaning and purpose in life which results in a state of mental and spiritual vacuum allowing them to easily fall prey to an unhealthy lifestyle.

Jungshim Association interprets issues of our society as absence of proper relationships with Heaven, Ancestors and fellow human beings and suggests a solution through restoration of relationships through the practical ethics of Chung, Hyo, Ye 忠孝禮 which involve respect for Heaven, Ancestors and humanity and are based upon an ontological structure of the human being.

Chung, Hyo and Ye 忠孝禮 are not just customs or virtues, but are based on one's ontological structure according to which one's being was created and still continues in the process of creation.

This is the meaning and significance of Jungshim Association in our times. One can recover one's physical, mental and spiritual health when they restore their relationships with Heaven (God), Ancestors, and fellow human beings: becoming a whole person.

Thus Jungshim Association believes that the divine presence in our times and its ongoing creation and salvation work for humanity is happening through Jungshim Association's healing work of Cheonsu 天手 (vital ki energy treatment), ceremonies for Ancestors, and ki training.

It is the intention of this writing to explicate the teachings of Jungshim Association, and derive their meaning and significance in our times.

## II. The theology and cosmology of Jungshim Association.

In the understanding of any religion and religious life, its theology and creation theory of the human being and the worlds is crucial as it determines its perception of humanness in relation to the worlds and the creator. The teachings of Jungshim Association were established from oracles which the founders received from the Creator 天尊. The creation theory of Jungshim Association shows a close connection between the invisible spiritual realm and the visible material world.

*"There was Heaven, which created the earth, on which I stand."*

From an oracle received by Cheonmo nim

Heaven is the beginning and the end. Heaven is a parent who has given birth to and is raising all creatures. Heaven is the ultimate destination for all beings on earth to return to. The concept of Heaven 天 is a fundamental aspect in the theology of Jungshim Association. The theology of Jungshim Association explains the "Mind of Heaven" as "Cheonjon, the Creator 天尊" and the physical universe as being the body of Cheonjon. All creatures are a manifestation of the Mind of Heaven, and Heaven is the ultimate goal for all beings to evolve into. Therefore, Heaven is the Great Cosmos, Nature, The Creator, God, Life and the Truth. The concept of Heaven is a fundamental part of the cosmology and the theology of Jungshim Association. Heaven is personal like the Judeo - Christian God, and at the same time impersonal like the Great Ultimate 太極 of Taoism.

Creation is the process of divine self - manifestation; when the inactive state 靜 of the Great Ultimate 太極 proceeds into its dynamic 動 state, it divides into yin and yang producing vibrations of ki (energy); when yin and yang interact following the principle of mutual creation 相生, they produce the five-element energies 五行氣 which are wood energy 木, fire energy 火, earth energy 土, metal energy 金, and water energy 水; and all creations are then produced with the interactions of these five-element energies.

As this writing has explored so far, Jungshim Association explicates the invisible Heaven as the foundation for the creation of the visible material world. In the dynamic 動 state of the Great Ultimate 太極, yin and yang create waves or frequencies, and then create the five - element energies 五行氣 which are the five phases of movement and change.

The space of the Cosmos is a field of frequencies and vibration. Matter is produced when this field of vibrations is condensed. Thus matter is highly dense energy vibrations and every different material has its own unique frequency, or cycle.

The "five-color world 五色界" is inherent in the dual world of yin and yang 兩元界 just as yin and yang are inherent in the world of oneness (the inactive state of the great ultimate).

The word "color 色" in the expression "five-color world 五色界" refers to matter, which implies that the five-element energies create all things. When these five-element energies are condensed, they produce material form and create the "five-color" world, and when dissolved, they return to pure five-element energies.

The concept of the Great Ultimate 太極, yin and yang, and the five-element energies which form the basis of the principle of creation apply to both the macrocosm and microcosm, a human being, in the same way.

A spirit of a human being is light from Heaven which gives order and law to the desires of physical body. Mind is a complicated mixture of the desires of physical body, and the thoughts and emotions which have been created and accumulated during life. It is crucial to control and balance the desires of the physical body to maintain physical, mental, and spiritual health.

This understanding of the interacting relationships between the dynamic body and quiescent mind is a theory that overcomes the dualism of mind and body; and its implications are too important to ignore and need further study for possible bridging between religion and science, and clarifying the ontological basis of human morality.

### III. The emergence of Jungshim Association.

#### 1. The main objectives of founding Jungshim Association.

The Supreme God who creates and governs all creation chose a couple, Haeng - Yong Mo and Gwi - Dal Park according to the law of yin and yang, which is the principle of creation, and gave them a calling to save humanity. They went through rigorous training unprecedented in human history and their minds and bodies attained the highest state of enlightenment for the purpose of accomplishing the enlightenment of the invisible spiritual world and creating a new human world of love, peace, and harmony on the earth. To carry out their calling, the chosen couple founded Jungshim Association which means the people of right mind, pure heart, and bright and upright spirituality.

Jungshim Association teaches people to let go of their attachment to worldly things and anguishes, and brighten their hearts and minds through reflection and contemplation so that they actualize peace and harmony in the world through their beautiful minds of love, forgiveness, and harmony. So Jungshim Association is like a universal womb for a new humanity who live authentic lives, respecting Heaven, Ancestors and Humanity. It is a sacred gathering of beautiful minds who transform all worldly suffering into happiness and coexist with the invisible Ancestors.

### IV. A calling to save Humanity.

#### 1. Methods of creating new life.

Heaven revealed a way of saving humanity through Jeryeong Yeongsu Cheondo to purify ancestral spirits and lead them to the paradise of Heaven, and Haneul 12 Jinbup ki training for people to recover their original minds.

Human beings, who were created by Heaven, are supposed to live their lives on the earth with love and goodness, and after death return to Heaven where they came from. But people have lost their original minds and the love and harmony which are authentic to their beings, and created inauthentic thoughts and attachments to worldly things. As a result of this, these spirits after death cannot go back to the paradise of Heaven and get lost in the dark and heavy inauthentic world of spirits.

In addition to this, the spirits who cannot go back to Heaven because of their karma of not having eternity in mind, which is the enlightened mind, create an unfavorable energetic environment for their descendents due to their unresolved desires and anguishes from life. These negative Ancestral energies greatly influence their descendents and create physical, mental and spiritual troubles.

The energy of deceased Ancestors is the sum total of the physical, mental, emotional and spiritual energies of their earthly lives. This becomes karma inherited through generations, and creates physical and mental hereditary weakness. Therefore, people carry inherited energy which influences them in the creation of their own energy pattern through their thoughts, emotions, and lifestyles.

One's different emotional imbalances create different energy imbalances which result in various illnesses. The following is a fundamental theory in oriental medicine and explains a general link between emotions and the body:

When emotions are observed in detailed relationship to the physical body and health: Anger depletes wood energy and weakens liver and gallbladder, impatience depletes fire energy and weakens heart and small intestines, anxiety depletes earth energy and weakens spleen and stomach, sadness depletes metal energy and weakens lungs and colon, and fear depletes water energy and weakens kidneys and bladder.

For physical, mental and spiritual health, a good balance of yin and yang and five element energy must be maintained in the body. However it is difficult to maintain physical, mental, and spiritual health because people are influenced by the energies of their deceased Ancestors and also the imbalance of their own energy caused by an inappropriate mental and physical lifestyle.

The teachings of Jungshim Association explore the fundamental problems of humanity in the modern world, interpret them from the perspective of spirituality, and show a way to solve them. When the founders of Jungshim Association received a calling, Heaven 天尊 revealed methods for saving humanity. They are the prayer and training for deceased Ancestors to return to Heaven, and Haneul 12 Jinbup ki training for living humans to return to the original mind.

Ki training may seem like a simple health exercise, but is a crucial part of spiritual life as it purifies one's mind and body through receiving original vital energy through chanting Heaven Words 天文, ki exercise, and meditation.

Through everyday ki training and meditation, one can let go of worldly desires and attachments and see through to their true nature.

## 2. The Embodiment of Truth and the Fountain of Life.

In Jungshim Association, one practices prayer and training in the Fountain of Life, the sacred place where the Embodiment of Truth is enshrined. This sacred place is filled with original vital energy radiating from the Embodiment of Truth.

The Embodiment of Truth is a copper disk coated with cloisonné which shows the image of the Great Universe; sun and moon, heaven and earth, mountains and water. Just as it used to conduct electricity and heat, copper is the most efficient conductor to transmit ki energy. The cloisonné work with its primary colors is made from minerals from the earth and is the best medium to transmit original vital energy.

Original vital energy is Heaven Ki from the world of oneness which the founders of Jungshim Association continue to bring down with their minds and bodies through their training and plant into the Embodiment of Truth for people to receive during their prayer and training.

In the Fountain of Life, one is to let go of any worldly thoughts of hatred, jealousy, anger, greed and arrogance, and tune to the Mind of Heaven which has the qualities of love, care, sacrifice, forgiveness, and harmony. One prays in front of Great Nature to learn the order and law of Nature and transform their minds and bodies into that of Nature. One who has attained the Mind of Heaven actualizes their divine nature in daily life; everyday life becomes prayer, spiritual training and truth itself.

### 3. The missionary work of Jungshim Association.

Branches of Jungshim Association are responsible for missionary work. Each branch of Jungshim Association has a Fountain of Life and Embodiment of Truth for training and ceremonies. There are 80 branches in Korea and 11 branches abroad in USA, United Kingdom, New Zealand, Australia and Japan.

At the branches, every Jeja (Jungshim Association minister) begins their day with an early morning prayer to Heaven. During the day, there are prayers and Haneul 12 Jinbup Ki training for trainees and ceremonies for Ancestors for advanced trainees. At night every Jeja finishes their day with evening prayer to Heaven.

The missionary work of Jungshim Association begins with the Cheonsu 天手 (Hands of Heaven) Ki healing treatment which purifies minds and bodies of people and gives the original vital energy to them. Cheonsu is altruistic work which actively takes others' pain and suffering in one's mind and body and gives them pure and bright original vital energy. Cheonsu itself is the training and prayer of ministers and trainees of Jungshim Association.

Every Sunday morning, every branch of Jungshim Association offers a ceremony of reverence and gratitude to Heaven, the gods of Heaven and earth, and Ancestors. It is an important day for every minister and trainee of Jungshim Association as they receive pure energy and Heaven's abilities into their minds and bodies after having cultivated them during the weekdays' training and prayer.

Creation and change are possible when the harmonious triune of Heaven, earth and humanity occurs. It is a ceremony to Heaven through which the harmonious triune comes together and people offer sincere respect to Heaven, earth, and humanity, revere the Heaven and Ancestors who are the foundation of their beings, renew their minds and bodies, and reflect and plan for the future.

In this era of materialism, Jungshim Association teaches a spirituality of mutual creation 相生 for a new humanity and peace of the world, and creates a community of beautiful minds of love, self - sacrifice and harmony.

### V. The cosmology of Jungshim Association and its philosophical implications.

Heaven is the harmonious "Triune Great Ultimate 三太極" which is the primordial basis of universal creation. The Mind of the Cosmos which is good, beautiful, merciful, sacrificial, forgiving and virtuous is the foundation of the quiescent life of the original mind.